



NEW ZEALAND ACADEMY  
of  
COSMETIC DENTISTRY



**AESTHETIC DENTISTRY  
MINI INTERNSHIP**

## MODULES OFFERED

*The four modules offered in the series are as follows:*

### Module One

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**Full Day:** 9.00am – 5.30pm

**Date:** Friday 26<sup>th</sup> July 2024

**Topic:** Digital protocols in managing cosmetic cases.

**Speaker:** Dr Robert Ashman

**Venue:** Ivoclar, 12 Omega Drive, Rosedale, Auckland 0632

### Module Two

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**Full Day:** 8.30am – 5.00pm

**Date:** Friday 27<sup>th</sup> September 2024

**Topic:** Achieving optimal aesthetics, can the soft tissues make or break the case?

**Speaker:** Speaker: Dr Nick Cole

**Venue:** NZDA House, 195 Main Highway, Ellerslie South, Auckland 1051

### Module Three

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**Full Day:** 8.30am – 5.00pm

**Date:** Saturday 2<sup>nd</sup> November 2024

**Topic:** Mastering Dental Occlusion.

**Speaker:** Dr Basil Al-Amleh

**Venue:** Ivoclar, 12 Omega Drive, Rosedale, Auckland 0632

### Module Four

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**Full Day:** 8.30am – 5.00pm (Ferry departs Auckland at 7.45am)

**Date:** Friday 22<sup>nd</sup> November 2024

**Topic:** Tooth wear, the growing elephant in the room.

**Speaker:** Dr Andrea Shepperson

**Venue:** Shepperson Education, 112 Nick Johnstone Drive, Waiheke Island

## Module One

# Digital protocols in managing cosmetic cases.

*With Dr Robert Ashman*



**Friday 26<sup>th</sup> July 2024**

## VENUE

Ivoclar – 12 Omega Drive, Rosedale, Auckland 0632

## SYNOPSIS

Where can digital technology give us an edge in providing better cosmetic outcomes in different scenarios. This module will help the clinician tie the clinical, technical and digital spaces in an easily followed format. It will cover what equipment is envisaged as becoming the new standard in dental practices operating at the next tier in digital dentistry. Further, it will cover a variety of cosmetic treatments the practitioner often encounters.

## LEARNING OBJECTIVES

Join Dr Rob Ashman first-hand taking a patient from an initial consultation, through digital trial smile, preparation, scan of restorations and delivery of final monolithic veneer, crown, bridge and implants

Features of the module will include:

1. Hands on section. Each delegate will use the TRIOS scanner to scan a selection of preparations including implants.
2. Pre-preparation scans and digital photography.
3. Using a printed model to deliver a digital trial smile clinically.
4. Scan methodology for full mouth preparation.
5. Cementation of Monolithic Zirconia restorations.
6. Insider tips, tricks and software that Dr Rob Ashman uses daily to deliver digital dentistry seamlessly and stress free.

## BIOGRAPHY

Everyday Dr Rob Ashman renews youth and beauty at his leading Aesthetic Dental Practice in Christchurch New Zealand. He is an international speaker, author and educator in Cosmetic Dentistry. Rob is the President of the New Zealand Academy of Cosmetic Dentistry and an affiliate member of the American Academy of Cosmetic Dentistry. He is a Digital Dentist of more than 18 years and a Key Opinion Leader for Ivoclar Vivadent and 3 Shape.

## Module Two

# Achieving optimal aesthetics, can the soft tissues make or break the case?

*With Dr Nick Cole*



**Friday 27<sup>th</sup> September 2024**

## VENUE

NZDA House – 195 Main Highway, Ellerslie South, Auckland 1051

## SYNOPSIS

Aesthetic improvement vs optimising aesthetics vs achieving the ultimate cosmetic result.

A multi-dimensional balancing act - delivering a result that meets patient expectation with the fabric (tooth structure and soft tissues) that they, the patient gives you to work with.

*15 years as a dentist and 23 years as a periodontist. Let me help you!*

Through the day, using cases to illustrate points, we will develop a systematised approach to soft tissue management around teeth and implants.

- The patient examination, what information do you need to collect?
- Presenting a plan and consent.
  - Phasing treatment.
  - A “start to finish approach” or “stabilisation, re-confirm the plan and then proceed to restore”.
- It's much easier starting with a “clean slate” and soft tissue health but how do you approach treatment where there is significant soft tissue disease?
- What can you as the restoring dentist do and when do you need a periodontist?
- Aesthetic crown lengthening, where and when is it relevant in the anterior segment?
- What are the indications and limitations?

## **LEARNING OBJECTIVES**

1. Recognise what influence the soft tissues have on an aesthetic outcome.
2. Develop skills recognising contributory factors and formulating a plan.
3. Develop confidence communicating and discussing phased treatment.
4. Managing healthy soft tissues – treatment options.
5. Recognise the contribution of pathologic change and how this alters your approach to soft tissue treatment.

## **BIOGRAPHY**

Nicholas Cole graduated BDS from the University of Otago in 1981. After 3 years in general practice in New Zealand he went to London and completed a MSc in Periodontology graduating in 1987. Returning to New Zealand he went into a group practice in Takapuna, where he maintained a general practice with a special interest in Periodontology.

In 1997, he retired from general practice and went back to the University of Otago to gain an MDS with distinction in Periodontology. Since 2000 he has been in a specialist practice at 5 St Marks Road in Remuera Auckland. He now practices in group practice with two other periodontists, James Dawson & Poppy Horne.

Since entering specialist practice in 2000 his clinical practice is limited to surgical aspects of care, 50 / 50 spread between periodontology & implantology. His 15 years in general practice gave him a broad vision of the periodontal and implant surgical / restorative interface. His implant experience spans from 1991 to the present day, initially with a focus on restorative aspects then in 1995 doing his first surgical training.

## Module Three

# Mastering Dental Occlusion.

*With Dr Basil Al-Amleh*



**Saturday 2<sup>nd</sup> November 2024**

## VENUE

Ivoclar – 12 Omega Drive, Rosedale, Auckland 0632

## SYNOPSIS

Occlusion's importance, often underestimated, is pivotal in avoiding chipping, restoration failures, chronic pain, and pulp death. This course equips dental professionals with crucial occlusal management knowledge, integrating theory into treatment planning. It offers concise theoretical insights and practical guidance, focusing on applying occlusal principles clinically to formulate and execute optimal schemes. Participants explore essential clinical applications, learning occlusion assessment, adjustment, and polishing to prolong dental work's life. Aimed at bridging theory and practice gaps, this course enhances occlusal management in daily clinical settings, ensuring better patient outcomes.

## LEARNING OBJECTIVES

1. Develop an understanding of occlusal concepts, their evolution, and their relevance to modern dental practice.
2. Understand the cornerstones of stable occlusion and their importance in dental health.
3. Navigate the complex relationships between the TMJs and various occlusal positions, including Centric Relation, Adapted Centric Relation, and Maximum Intercuspatation, along with their clinical implications.
4. Understand when and how to use Bimanual Manipulation, Leaf Gauges, Lucia Jigs, and Kois Deprogrammers for optimal results.
5. Gain practical insights into accurate bite registration, including tips and techniques to enhance clinical outcomes using silicone bite registration material and digital scans.
6. Understand occlusal considerations in various rehabilitative scenarios, including single units, full arch rehabilitation, and dental implant restorations
7. Acquire knowledge of the necessary tools and armamentarium for checking and adjusting occlusions to achieve optimal results.
8. Master the techniques for occlusal adjustment and polishing to ensure optimal fit and comfort for the patient.

## **BIOGRAPHY**

Basil graduated with his BDS in 2001 and a Clinical Doctorate in Prosthodontics in 2011 from the University of Otago. Following his studies, he served as a Senior Lecturer in Dental Biomaterials Science at Otago, where he lectured and tutored both undergraduate and postgraduate students. His research interests were focused on dental ceramics failure and fractography, resulting in numerous authored and co-authored research publications, as well as chapters in implantology textbooks.

After several years as a Consultant Prosthodontist overseas, Basil has recently returned to New Zealand to establish Optima Prosthodontics, a Specialist Prosthodontics practice located in Auckland. Additionally, he serves as a visiting Prosthodontist in Hamilton one day a week.

With over 22 years of clinical experience, Basil has developed a reputation for excellence in Prosthodontics, complex dental rehabilitations, implant treatments, and cosmetic dentistry. He is very passionate about training and education and enjoys teaching. He lectures across New Zealand to general dentists on complex dental treatment management, cosmetic dentistry, and TMDs. He is also a guest speaker at AUT, delivering lectures to senior Oral Health Therapy students.

## Module Four

# Tooth wear, the growing elephant in the room.

*With Dr Andrea Shepperson*



**Friday 22<sup>nd</sup> November 2024**

## VENUE

Shepperson Education, 112 Nick Johnstone Drive, Waiheke Island

## SYNOPSIS

Review current science and clinical practice for assessing tooth wear, including both simple and complex aetiologies and new diagnostic tools. Use a simple decision tree to evaluate physiologic from pathologic wear, reviewing the application of digital monitoring and biomarker tools to assess active or historical wear. Discuss the latest digital occlusion technologies to evaluate functional and parafunctional activity, and vertical loss. Review techniques for setting new vertical positions, including the role of orthodontics and digitally guided design and solutions. Evaluate inter-disciplinary design and planning with third party applications, as well as simple desktop tools. Novel materials will be discussed, including new 3D printed hybrid ceramic materials and techniques to provide patients staging and transitional solutions to make reconstruction affordable.

## LEARNING OBJECTIVES

1. Gain a deeper understanding of tooth wear and it's differentiation.
2. Understand clinical steps involved in its management.
3. Evaluate new materials, including additive and subtractive manufacturing to restore cases with moderate to severe tooth wear.

## BIOGRAPHY

Dr. Andrea Shepperson is New Zealand's only DSD Instructor and Master, running New Zealand's first DSD Clinic. Andrea is an internationally recognised clinician, thought leader and educator. One of Australasia's best-known dentists, she is a sought-after speaker who has always enjoyed being at the forefront of dentistry. A Digital Smile Design Master and Instructor, an Honorary Life Member of the NZ Academy of Cosmetic Dentistry, as well as a Mentor and Alumni of the internationally renowned Kois Center in Seattle, USA she is regarded as an innovator and visionary thinker.

Andrea is a past Director and Chair of the NZ Academy of Cosmetic Dentistry, and Independent Clinical Advisor to Abano Dental. She founded the Dental Fingerprint, a risk assessment tool for clinicians. Dr. Shepperson studied dentistry at the University of Otago and currently practices in Auckland, New Zealand.



# INVESTMENT

The cost for participation in the NZACD Mini Internship programme will be \$7750. This affordability reflects the desire we all have within the NZACD Board to see the advancement of Cosmetic Dentistry within the skill set of New Zealand dentists. It is a great opportunity, and to ensure the greatest individual tutorship, the course will be limited in attendees.

Upon registrations you are committed to the full course cost of \$7750. If you choose the split payment option, your investment will be:

Instalment A:                   \$5000 upon registration.  
Instalment B:                   \$2750 on 20 June 2024.

To register please contact the NZACD administrator urgently to receive your enrolment documentation. The course will be filled on a first come basis. Feel free to enlist any of your interested friends early to maximise their chance to be one of the first sixteen.

For those who successfully complete the four modules, certificates will be presented at the conclusion of module 4 on Friday 22<sup>nd</sup> November 2024.

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## INTERESTED?

Please contact us to secure your space:

**NEW ZEALAND ACADEMY OF COSMETIC DENTISTRY**

Call us on 021 0559001

Email us with the subject "Mini Internship" on [admin@nzacd.co.nz](mailto:admin@nzacd.co.nz)

Or submit an enquiry via our website [www.nzacd.co.nz](http://www.nzacd.co.nz)

*Dedicated to advancing the art and science of Cosmetic Dentistry in New Zealand.*