



New Zealand Academy of  
Cosmetic Dentistry presents

# 6

## SIX OF THE BEST

6 SPEAKERS THAT WILL  
ENERGISE AND DEVELOP  
YOUR DENTISTRY

**6 OF THE BEST LECTURE**  
FRIDAY 30 OCTOBER 2020 – 8.30AM – 5.00PM  
CORDIS HOTEL AUCKLAND - CRYSTAL BALLROOM

**EVENT IS LIMITED TO 100 PEOPLE**

### FEATURING

*Dr Nick Cole*

*David de Wet*

*Dr Chris Waalkens*

*Brooke Neal*

*Dr Andrea Shepperson*

*Dr Clarence Tam*



## 2020 TRADE EXHIBITORS

The NZACD appreciates the support from  
the following sponsors



### DETAILS

**Friday 30 October 2020 – Crystal Ballroom**  
Registration from 7.30am, lecture begins at 8.30am

**Cordis Auckland, 83 Symonds Street, Auckland.**

**6 Verifiable CPD Credits – Friday**

NZDA Accredited: NZDA verifies, that based on the information provided to NZDA, this activity meets the Dental Council policy requirements for CPD. NZDA CPD verification does not imply promotion or endorsement of the contents of any course. Attendees need to use professional judgment to assess the validity and usefulness of techniques, materials or therapeutic products to their own practice.

### OUR CANCELLATION POLICY

In the event you need to cancel your registration for this Lecture, you may do so for a full refund if you inform us of your cancellation at least 14 working days before the start of the Lecture. If your request for cancellation is received within 7 to 13 working days prior to the start date of the program, a cancellation fee of 50% of the full fee will be charged. No refund will be made for cancellations received less than 7 working days of the program. There is no refund for "no-shows".

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# PROGRAMME

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**8:30am** CHAIRPERSON WELCOME – *Programme Commences*

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## Dr Nick Cole

**From a periodontal perspective – the tips and techniques we use to help you approach or meet our patient's expectation of cosmetic excellence.**

My perception, the types of patients we treat is changing. The desire for aesthetic improvement is not an age-related request, more and more older people want to improve the appearance of their teeth. The difference however, old versus young, the starting point periodontally, either healthy tissues or some signs of wear and tear!

What can we do for them?

### Learning Outcomes:

Developing a better appreciation of anatomic form and age related changes, both physiologic and pathologic, that influence our ability to provide cosmetic change and improved aesthetics.

*Nicholas Cole graduated BDS from the University of Otago in 1981. After 3 years in practice in New Zealand he then went to London and completed a MSc in Periodontology graduating in 1986. Returning to New Zealand he then went into a group practice in Takapuna, where he maintained a general practice with a special interest in Periodontology.*

*In 1997, he left general practice and went back to the University of Otago to gain a MDS with distinction in Periodontology. Since 2000 he has been in specialist periodontal practice at 5 St Marks Road in Auckland.*

*He has lectured in New Zealand and Australia to various audiences and maintains an active interest in the provision of continuing education, also having been involved in the organization of many conferences and continuing education courses.*

- He has been a member of the Auckland Dental Association since 1982 and was president in 2011
- For an 8-year period, up to 1996, he was a member of the Dental Advisory Committee in the University of Auckland, responsible for organizing continuing education courses.
- He served as Scientific convenor for the NZDA conference 2001.
- Co-Convenor for Australasian Osseointegration Society Meeting in Queenstown 2003.
- He is the current President of ANZAP having been on the council from 2012 to the present day.
- He has been a board member of the New Zealand Dental Research Foundation since 2018

*His implant experience spans 1991 to the present day, initially with a focus on restorative aspects then in 1995 doing his first surgical training. Since entering specialist practice in 2000 his clinical practice is now limited to surgical aspects of care. His 15 years in general practice however give him a broad vision of the periodontal and implant surgical / restorative interface.*



## David de Wet

**Trending materials and techniques: A laboratory perspective.**

The dental industry has more restorative materials, implant options, and digital solutions available than ever before. How can clinicians and technicians make the most of this abundance of opportunities to achieve successful treatment outcomes? In this presentation, David will provide an up-to-the-minute overview of the techniques and materials you need to know about to stay on the cutting edge of modern dentistry.

### Learning outcomes:

- Understand the latest advancements in zirconia and when to use what
- Learn tips & tricks to digitally integrate with your laboratory more efficiently
- Current printable materials and their indications
- Learn about new treatment possibilities for implant cases

*David de Wet is a Registered Dental Technician and director of Oralart Dental Ceramics. David studied in Durban, South Africa, graduating first in class in 1988. After immigrating to New Zealand, he became the owner of Oralart in 1998.*

*Over the last 22 years, David has grown Oralart to be one of New Zealand's leading digital dental laboratories. He is a sought after speaker, with an interest in sharing the laboratory perspective for ultimate dental team collaboration.*

*David specialises in cosmetic and implant cases, with a passion for excellence. He is a member of the ITI, NZIDT and NZACD, as well as being a key opinion leader for Dentsply Sirona and Asiga 3D Printers.*



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**10:30am** MORNING TEA (45mins)

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**Dr Chris Waalkens** *BDS MDS MRACDS FICD*

Dental implant placement in the anterior region. Maximising aesthetics.

Implementing the 2017 Classification of Periodontal and Peri-implant Diseases in Clinical practice.

Dental implants are commonly used to replace teeth in the anterior dentition. No matter how well integrated an implant is, if the aesthetics do not meet the patient's expectations, the implant is in part a failure. The timing of implant placement as well as materials and techniques used to maximise aesthetics will be discussed.

In November 2017 the proceedings of the World Workshop in Periodontology jointly held by the American Academy of Periodontology and the European Federation of Periodontology were published. This lecture will discuss the relevance of and the importance of the new classifications of periodontal disease and peri-implantitis and its relevance to everyday clinical dental practice.

**Learning Outcomes:**

Participants should have a good understanding of the importance of the timing of dental implant placement when trying to achieve good aesthetics. They should also understand the types of, and the use of materials and techniques to augment tissue around dental implants.

Understanding and implementing the 2017 Classification of Periodontal and Peri-implant Diseases into dental practice should help the practicing clinician better manage patients with these conditions.

*Chris graduated with BDS from the University of Otago, New Zealand in 1979. After working in Christchurch hospital and in general dental practice in England he returned to Otago University and graduated MDS University of Otago (periodontology) with distinction 1984. He has worked in full time specialist private practice in Auckland in periodontics and surgical implant dentistry from 1985 until the current time.*

*Chris has been actively involved with a number of dental committees. Amongst these he has been:*

*Vice President of the NZ Dental Health Foundation 1988 – 1999, President of the Auckland Dental Association 1995 - 1996, President of the New Zealand Society of Periodontology 2000 – 2002,*

*Member of Board of the Division Periodontics, RACDS 2008-2012. President of the Australian and New Zealand Academy of Periodontists (ANZAP) 2010 – 2012. Chris was elected a Life member of ANZAP in 2018.*

*Chris has participated as a speaker in many courses and conferences in New Zealand and Australia. Several times Chris has been external examiner in periodontology for post graduate students at the University of Otago. He has also had some roles working with the Dental Council of NZ and the Australian Dental Council. From August 2020 Chris will be involved half a day a week teaching final year dental students at the Otago University Clinic in South Auckland.*

**Brooke Neal**

Resilience through adversity and changing times - Finding the calm in the storm

In 2020, we have seen more uncertainty and change than ever before. How do we practise resilience, create momentum and keep grounded? In a world filled with an infinite amount of information, why is it that we know what to do, but we don't do what we know? In this presentation, you will get practical strategies, but also understand what is holding you back so you can move forward with certainty and control. Brooke's personal story will give you a first hand example of how she has used these tools herself and what they have done for her.

**Learning Outcomes:**

- What resilience actually means
- How to use your body to create momentum and change
- Discover the power of vulnerability and authenticity
- Get practical tools to silence the inner critic and stay grounded

*Brooke Neal is a former New Zealand hockey player, recently retiring from the game after playing 176 games for the Black Sticks since her debut in 2014. She competed at the 2016 Olympic Games, and more recently, she won Gold at the Commonwealth Games in 2018, the first time in history this has been achieved.*

*Her journey has been far from smooth, filled with injuries, setbacks, grief and loss. Brooke shares her story with an open heart to inspire people to be their authentic self and to keep going through adversity.*

*Alongside an international hockey career, Brooke is a mindset coach and founded All About Balance in 2016. She has coached thousands of young female athletes to give them a greater sense of balance and hauora, in an environment that breeds perfectionism, anxiety, burnout and over achievers.*



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**12:15pm** LUNCH (60mins)

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## Dr Andrea Shepperson

### Digital Inter-disciplinary Planning

Clinicians are increasingly confronted with complex dental issues that require an inter-disciplinary mindset. How can we use new diagnostic tools and digital planning software to view our patients differently. What does a digital risk assessment involve? How does the digital new patient experience differ from an analogue one? Dr Shepperson will share some new strategies for using technology to plan cases, boost productivity and get great patient engagement.



#### Learn how to:

- Use IOS to know more about your patient.
- Liaise with digital labs to design and 3D print mock-ups and guides.
- Communicate differently with patients who choose longevity as their starting point.

*Dr Andrea Shepperson graduated from the University of Otago in 1984. A passionate traveller and explorer, she has embraced international connections, education and advanced training with many leading dentists and Centres around the world.*

*She is New Zealand's only Digital Smile Design KOL and Master, running New Zealand's first DSD Clinic. Andrea is an internationally recognised clinician, Global ambassador for Slow Dentistry, thought leader and educator and is a KOL for Ivoclar Vivadent Ltd. She is a sought-after speaker who has always enjoyed being at the forefront of dentistry.*

*An Honorary Life Member of the NZ Academy of Cosmetic Dentistry and a Mentor and Alumni of the internationally renowned Kois Center in Seattle, USA.*

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**3:20pm** AFTERNOON TEA (30mins)

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## Dr Clarence Tam

### Minimally Invasive, Maximally Aesthetic V2.0

Our quest to mimic nature has driven technology to develop tools that not only hone our eye in both direct and indirect smile design, it has given us the ability to plan with the end in mind. This concept of Responsible Aesthetics allows three-dimensionally-guided, biomimetic dentistry to be performed by the modern cosmetic dentist. Cutting edge techniques ranging from resin infiltration, complex layering to prep substrate decontamination for maximal resin shear bond strengths in indirect cementation will be discussed.



#### Learning Outcomes:

- The attendee will develop critical aesthetic analytical skills in planning complex anterior restorative dentistry.
- The attendee will review a non-invasive protocol for treatment of white spots and incisor hypo mineralization, as well as the sequence for staging different treatment options.
- The attendee will review the use of GICs as bulk dentin replacements and how to maximise their benefits using a modified dentin preparation protocol.
- The attendee will learn how to use tints and effects to make their composite layered restorations pop.
- The attendee will review a cementation protocol that will eliminate contamination and reduced bond strengths by various homeostatic agents.

*Dr. Clarence Tam is originally from Toronto, Canada, where she completed her Doctor of Dental Surgery and General Practice Residency in Paediatric Dentistry at the University of Western Ontario and the University of Toronto, respectively. Clarence's practice has a focus on restorative and cosmetic dentistry, and she strives to provide consistently exceptional care with each patient. She is well-published in both the local and international dental press, writing articles, reviewing submissions, and developing prototype products and techniques in clinical dentistry. She frequently and continually lectures internationally.*

*Clarence has multi-faceted dentistry experience that extends across multiple tiers of leadership. She is the immediate past Chairperson and Director of the New Zealand Academy of Cosmetic Dentistry. She is one of merely two dentists in Australasia who are Board-Certified Accredited Members of the American Academy of Cosmetic Dentistry (AACD). Moreover, Clarence maintains Fellowship status with the International Academy for DentoFacial Aesthetics. She sits on the Advisory Board for Dental Asia and is part of the Restorative Advisory Panel for Henry Schein Dental New Zealand. Aside from the professional organizations she belongs to, Clarence is a Key Opinion leader for an array of global dental companies, including Triodent, Coltene, Kuraray Noritake, Hu-Friedy, J Morita Corp, Henry Schein, Ivoclar Vivadent, Kerr, GC Australasia, SDI, and DentsplySirona. Moreover, she is the sole Voco Fellow in New Zealand and Australia.*

*Clarence participates in a number of charitable endeavours and takes great pride in achieving beautiful smiles for patients in and around her community. She sits on the board of Smiles for the Pacific, an educational trust and charity that aims to expand professional dentistry services across the entire South Pacific region. She is involved with Delta Gamma Fraternity and aims to spearhead philanthropy as relates to Service for Sight here in the South Pacific.*

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**5:00pm** COMPLETION & PRIZE DRAWS

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# REGISTRATION FORM

REGISTER ONLINE AT [WWW.NZACD.CO.NZ](http://WWW.NZACD.CO.NZ)

Six of the Best – Fri 30 October 2020 - Cordis Hotel Auckland

PLEASE COMPLETE ONE FORM FOR EACH ATTENDEE

Title  Name

Dentist  Hygienist  Staff (please tick one)

Registrant Dentist / Practice name

Address

Daytime phone  Mobile  Email

NZACD Member: 6 Best Lecture	\$205	<input type="text"/>
Non Member: 6 Best Lecture	\$395	<input type="text"/>
Staff / Hygienist: 6 Best Lecture	\$220	<input type="text"/>
Membership + Combo Deal: 6 Best Lecture	\$575	<input type="text"/>
Lumino / ADA Member: 6 Best Lecture	\$335	<input type="text"/>
<b>TOTAL (all fees inclusive of GST)</b>		<input type="text"/>

## PAYMENT DETAILS

Cheque – please make cheques payable to New Zealand Academy of Cosmetic Dentistry

Direct Credit Westpac 03 1509 0102872 00  
(use surname as reference)

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Expiry date  CSC

Cardholder's signature

Post completed registration form and payment to

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For more information

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