



NEW ZEALAND ACADEMY OF COSMETIC DENTISTRY  
PO Box 11521, Ellerslie, Auckland 1542, New Zealand  
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Invites all Christchurch Dentists & Technicians to the  
**CHRISTCHURCH STUDY GROUP MEETING**  
**Friday 18 November 2016 at 6.30pm**



Dr Ruchika Sachdev is an experienced private practitioner, practicing dentistry for nearly 20 years. From the very beginning of her career she has had a keen interest in cosmetic dentistry and has pursued this to high levels of her profession.

Her skill includes aspects of cosmetic dentistry, reconstructive dentistry, occlusion, implants and non-specialist orthodontic services to enhance smile and aesthetics.

Dr Sachdev is a member of a number of local, national and international dental associations and firmly believes that "Learning is like rowing upstream: not to advance is to drop back." And as a healthcare professional, she continues to enhance her skills and knowledge as a clinician.

In her quest to pursue excellence in cosmetic dentistry Dr Sachdev became an Accreditation Candidate of the American Academy of Cosmetic Dentistry (AACD), member at the ICCDE, an alumni of the Dawson Academy, a graduate at the Kois Center and Fahl Center. She is also a foundation member of the NZACD. Dr Sachdev is also an Invisalign Orthodontic Provider since 2008 and was a Platinum Provider from 2009-2012.

She is a recipient of the Hind Rattan Award in New Delhi and the Mahatma Gandhi Pravasi Samman in London in recognition of her outstanding service, achievements and contribution in the field of dentistry.

Dr Sachdev has developed an interest in orthodontics combining it with cosmetic dentistry to provide her patients with a conservative and healthy way to a beautiful smile which is not only for aesthetic reasons but functionally as well. It is to continue along this path of excellence of being conservative and providing a healthy way to beautiful smiles that she is here to share her knowledge with her peers.

#### 2 HOURS VERIFIABLE CPD CREDITS

NZDA verifies, that based on the information provided to NZDA, this activity meets the Dental Council policy requirements for CPD.

NZDA CPD verification does not imply promotion or endorsement of the contents of any course. Attendees need to use professional judgment to assess the validity and usefulness of techniques, materials or therapeutic products to their own practice.

#### NZACD Members complimentary

**Non Members - \$75** including gst  
discounted to **\$55** if payment received  
prior to lecture date.

#### PRESENTER:

### Dr Ruchika Sachdev BDS

#### "Ortho. vs Restorative - An Aesthetic Dilemma"

#### COURSE OBJECTIVES:

Crowding, asymmetrical gingival levels, occlusion and endodontics are not uncommon in the restorative practice. The etiology and treatment options to achieve an aesthetic result with these daily issues can be confusing, often leading to no treatment, inappropriate treatment, or unpredictable treatment.

#### LEARNING OUTCOMES:

This lecture will help identify how you may get a better understanding to overcome some of these complications and achieve an aesthetic result.

- Identifying the etiology and compromises of some key aesthetic issues.
- Understanding step by step evaluation of choice of treatment option - orthodontic vs restorative.
- Review cases to utilise the learning.

**All attendees must rsvp (for catering purposes) to Robyn Bowie by Thursday 10 November 2016 to [admin@nzacd.co.nz](mailto:admin@nzacd.co.nz) or telephone 09 358 4647**

Online registrations for this lecture will be available on the Academy's brand new website - [www.nzacd.nz](http://www.nzacd.nz).

The Christchurch address to attend the Study Group is

**The George Christchurch**  
Treasury Room, 50 Park Terrace  
Christchurch 8013

**Registrations & Refreshments from 6.00pm**  
**Lecture 6.30pm**

**Non Members Fee Payment: \$75 (including GST) – discounted to \$55 if paid prior to lecture date.**

Send to: Administrator - NZACD - PO Box 11521, Ellerslie, Auckland 1542 or fax payment details to 09 358 4649.

**Bank Account - BNZ 020100 0272038 00**

I would like to attend the Christchurch Study Group Meeting on Friday 18 November 2016 at The George, Christchurch

**Dentist Name:** .....

**Payment method (circle one)**

Cash

Cheque

Visa

Mastercard

**Card Number:** .....

**Expiry Date:** .....

**Email:** .....

**Practice Address:** ..... **Daytime Contact No: (03)** .....

#### PLEASE NOTE LECTURE VENUE

**The George  
Christchurch**